

Great Lakes TTC, LLC.

Counseling and Tele-Psychiatry

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STOP-BANG QUESTIONNAIRE

Chung F et al Anesthesiology 2008

STOP		
Do you SNORE loudly (louder than talking or loud enough to be heard through closed doors?)	Yes	No
Do you often feel TIRED , fatigued, or sleepy during daytime?	Yes	No
Has anyone OBSERVED you stop breathing during your sleep?	Yes	No
Do you have or are you being treated for high blood PRESSURE ?	Yes	No

BANG		
BMI more than 35kg?	Yes	No
Age over 50 years old?	Yes	No
Neck Circumference > 16 inches (40 cm)?	Yes	No
Gender : Male?	Yes	No

TOTAL SCORE		
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HIGH RISK OF OSA: YES 5-8 / INTERMEDIATE RISK OF OSA: YES 3-4 / LOW RISK OSA: YES 0-2

